

## How to Find Your

## THE 7 LEVELS DEEP EXERCISE

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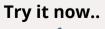


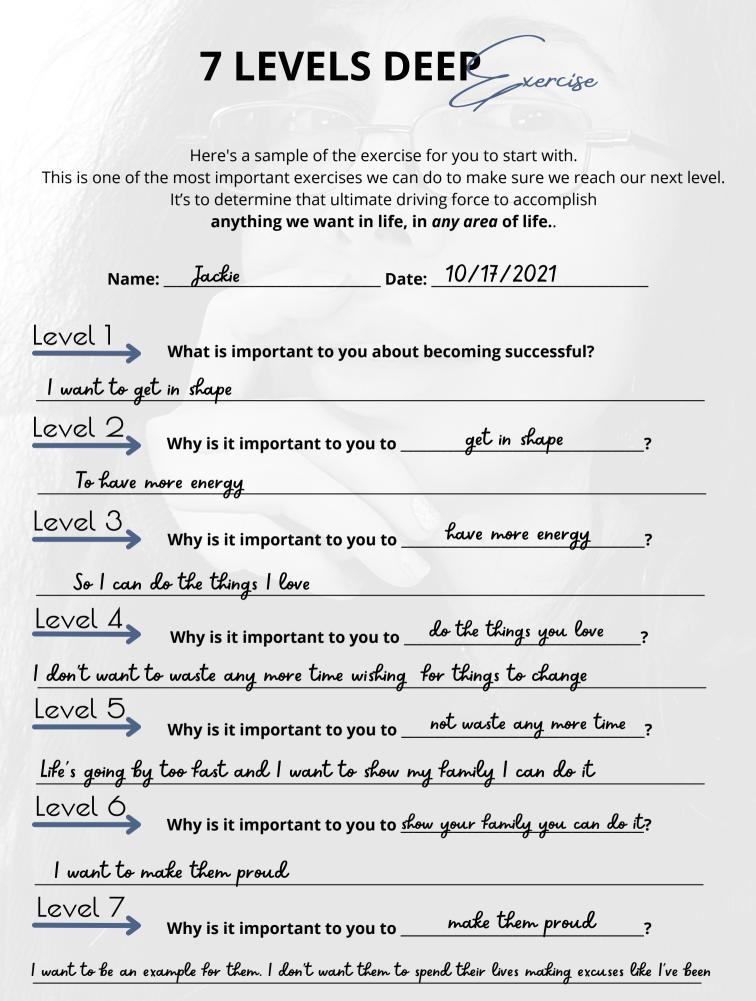


What's your why? What drives you? What is it that keeps you moving forward determined to reach your life's destination each and every day (no matter the roadblocks)?

If you don't know, that's what's stopping you from achieving lasting success. *s* Knowing your why is the FIRST step in achieving your dreams. It's your compass that keeps you heading in the right direction - not veering to the right or left - *but staying on course*.

This exercise literally left me in tears, clutching at my heart, the first time I did it because it **FINALLY dawned on me what I was living my life for.** I hope you have the same eyeopening experience...







Your turn! Get ready to figure out what that **deep-down driving force** is within you that will supercharge you to your dreams and goals! Print out this page and put pen to paper. **Then put it somewhere as a daily reminder**.

Name:	Date:	
Level 1	What is important to you about becoming successful?	
Level 2	Why is it important to you to	_?
Level 3	Why is it important to you to	_?
Level 4	Why is it important to you to	_?
Level 5	Why is it important to you to	?
Level 6	Why is it important to you to	_?
Level 7	Why is it important to you to	?



What did you discover about yourself? Did you uncover anything surprising? Even if it was a little painful to uncover, that's okay. The past is the past. You have the power to change your future.

So... what are you going to DO about it now?

I'm challenging you to take that next step with the clarity you've just gained because you'll be amazed at what you can accomplish when you know what drives you.

## HERE'S A FEW MORE WAYS TO KEEP THRIVING AND GROWING ...



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