

# Choco-Goji Treats

Leading Lady Solutions

Servings:  
approx 18

## Ingredients

- 1¾ cups Lilly's no sugar added chocolate chips (may use regular chocolate chips)
- 1 tsp extra-virgin coconut oil or butter
- ½ cup sun-dried goji berries
- ½ cup crispy sunflower seeds
- 1 dash sea salt
- *Optional:* Flaky sea salt (or Himalayan salt), sprinkle of cayenne pepper, sprinkle of unsweetened coconut flakes

## Prep

### Making crispy sunflower seeds

- **To Soak:** Soak seeds in water with a tsp of sea salt for 7-24 hours.
- **To Dry:** After soaking, rinse well and then place seeds on a parchment-lined cookie sheet and bake them in the oven, on your lowest setting, until dried.

## Directions

1. Line a large baking sheet with parchment paper; set aside.
2. Bring a medium pot of water to a gentle boil over medium heat.
3. Place a medium, heatproof bowl over top, so that the steam, not the water, heats the bowl.
4. Add chocolate and oil or butter to bowl; stir until fully melted.
5. Remove bowl from heat; add goji berries, sunflower seeds, and dash of sea salt
6. Stir to combine. Can allow to cool enough to scoop
7. Dollop 1½ Tbsp.-sized mounds of chocolate mixture onto prepared sheet.
8. Optional Sprinkle flaky salt over top. I like to make a variety with some topped with salt, others topped with cayenne pepper, and others still with unsweetened coconut flakes
9. Refrigerate for 1 hour, or until solid.

