

Tallow Balm

Skincare

Leading Lady Solutions

Ingredients

- 1 cup organic grass-fed tallow
- 1/4 cup extra virgin olive oil
- 48 drops essential oils of choice



Directions

1. Melt tallow over gentle heat until it is liquid.
2. Remove tallow from heat. Add olive oil and stir to combine.
3. Add essential oils and stir again.
4. For solid tallow balm, pour balm into glass jar. Allow to harden in the refrigerator. When solid, let balm come to room temperature before using.
5. For whipped tallow balm, pour liquid balm mixture into a large mixing bowl. Allow to solidify at room temperature. When solid, whip with a hand or stand mixer until light and fluffy. Store in glass jar.
6. Store both forms of tallow balm at room temperature

Notes

Try it on your face and hair, too!