



Hummingbird Nectar:

A Sip of Wild Magic

This ancestral brew, born in a rose-wreathed urban sanctuary and perfected on 22 wild acres, invites these iridescent dancers to your doorstep, no matter where you dwell.

Ingredients

- 1 part granulated sugar (preferably organic)
- 4 parts water

Directions

Makes 4 cups

1. Bring water to a rolling boil in a saucepan.
2. Stir in sugar until it vanishes into the liquid, clear and sweet.
3. Remove from heat and let cool.
4. Pour into a red glass feeder.
5. Store extra in a mason jar in the fridge for up to one week; shake before use.
6. Hang your feeder and watch the magic unfold.

Tips (The Wise & Wild Way)

- **Red glass feeders** are your ally; their crimson glow draws hummingbirds like moths to a flame, and glass cleans like a dream.
- **Skip artificial food coloring**; it's poison to these delicate sprites. For a natural blush, a drop or two of beet-based coloring from a health food store works wonders.
- **Banish honey and artificial sweeteners**; honey ferments, and fake sugars offer no sustenance for their tireless wings.
- **Refresh the nectar** every 3-5 days, or every 2 days when the sun blazes above 70°F. Cloudy or sour nectar is a sign to act fast.
- **Clean with ancestral care**: Rinse your feeder weekly with 1 part white vinegar to 4 parts water. Scrub with a brush, or toss in a few grains of dry rice for stubborn grime. Rinse thrice with warm water to keep it pure.

