



Baby Bottom Butter

Herbal

A nourishing, natural salve to soothe diaper rash and hydrate dry skin for babies and adults alike, leaving skin as smooth as a baby's bottom.

Ingredients

- 1 cup grass-fed, grass-finished tallow
- 1.5 tbsp organic cold-pressed olive oil (*opt.* for softer consistency)
- 1 oz beeswax pellets or grated beeswax
- 1 cup (by volume) dried herbs (equal parts, approx. 1/4 cup each):
 - Calendula flower (soothes inflammation)
 - Chickweed, aerial parts (calms irritation)
 - Comfrey root (speeds skin repair)
 - Marshmallow root (hydrates skin)

Tools

- Double boiler (or heat-safe bowl over a pot)
- Thin towel and potato ricer (or cheesecloth/fine mesh strainer)
- Measuring cups and spoons
- Emulsion blender (*opt.* for whipped texture)
- Clean, dry glass jars or containers

Directions

1. **Infuse Tallow:** In a double boiler, melt 1 cup tallow over low heat (110–120°F). Add 1 cup dried herbs (equal parts). Infuse for 1 hour, stirring occasionally, keeping heat low to preserve herbs.
2. **Strain:** Remove from heat. Strain through a towel-lined potato ricer or cheesecloth into a bowl, squeezing to extract liquid. Compost spent herbs.
3. **Add Beeswax & Oil:** Return strained tallow to double boiler. Add 1 oz beeswax and melt. Stir in 1.5 tbsp olive oil (*opt.*) for softer texture.
4. **Finish:**
 - *Option 1* (Pour): Pour into glass jars. Cool at room temperature until solid.
 - *Option 2* (Whip): Cool slightly (still liquid). Whip with emulsion blender until creamy. Scoop into jars and cool.

How To Use

Apply a thin layer to clean, dry skin to soothe diaper rash, hydrate dry elbows, heels, or lips. Patch test first. Store in a cool, dry place (or fridge in warm climates) for up to 6 months.

Bonus Tips (The Wise & Wild Way)

- Use organic, high-quality ingredients for best results.
- Whipped version is lotion-like; poured is denser.

